

Phone (541) 980-7542
E-mail: brennonpatrickmoore@gmail.com
Website: brennonpatrickmoore.com

Brennon P Moore MS, CTT, CADC-II, LPC/LMHC

Objective

To effectively treat trauma, addiction, and attachment disorders that keep clients stuck in self-defeating patterns. To act as an ambassador and educator on the topics of addiction and trauma as a therapist, speaker, author, trainer, and advocate.

Related Skills

Communication: Excellent speaker and experienced listener with strong leadership skills as both an individual and group therapy facilitator. My early experiences include working as a teaching assistant where I individually filled in for professors, lead class lectures, and administered and graded exams. I have facilitated both didactic and experiential group therapy for both clients under my care as a therapist and as a trainer during professional education workshops and events. I have classroom education/teaching experience with children of all cultures ranging from 7-15 years old. In the last 4-years I have been speaking at major professional conferences nationwide on the topic of trauma/PTSD, mental health, and addiction. In addition, I have designed trainings and workshops that I have implemented and presented to the staff of some of the Nation's leading treatment programs.

Classroom experience: I have my Bachelors in Science in Psychology, Cum Laude; 2 years of graduate work at Antioch University in Seattle for applied Psychology with an emphasis in mental health counseling and I currently hold a Masters in Science in Mental health Counseling, Suma Cum Laude. I am a Certified Addiction Specialist in the State of Florida and a Certified Addiction Counselor, Level-II (CADC-II) in the state of Oregon. I am a Nationally Certified Trauma Therapist (CTT). Additionally, I am trained and professionally supervised in EMDR, trained Brain Spotting therapist, and I have completed 125 hours of Somatic Experiencing training via Dr. Peter Levine's Somatic Experiencing Institute. I have advanced training in mindfulness-based approaches to treating trauma and the application of Dialectical Behavioral Therapy with self-injury and borderline clients. I have specialty training in couples counseling from the Gottman institute in Seattle and advanced trainings in the neurobiology of trauma and attachment disorders from masters in the field such as Dr. Dan Siegel.

Leadership/Workplace Experience:

- Science teacher and guidance counselor in the country of Turkey for one of the five N.A.S.A space camps located in Izmir. I facilitated educational lectures, directed team projects and designed educational goals with the students from all over the Middle East and Europe, and co-facilitated a program of peace between war-torn students from Israel and Palestine using team building and educational experiences to facilitate positive exposure and friendship.
- Co-facilitated several large, trauma-therapy intensive workshops, including a 4-day, 88-participant men's trauma healing intensive in Newport Beach, California.
- Launched a young men's (18-35) group specialized in

childhood sexual abuse and chemical addiction: I facilitated group and individual therapy sessions, created their treatment plans and 30-day reviews, established therapeutic interventions to meet their diagnosis, communicated with referents and insurance companies and facilitated family and couples therapy on a regular basis.

- Co-facilitated a weekly, 60-minute, impaired professionals monitoring group (IPN) alongside former president and current board member of The Florida Medical Professionals Group, Dr. Tom Antonek.
- Weekend clinical staff supervisor- The Refuge: I oversaw the duties of my fellow weekend therapists, organized and implemented weekend programming, made any and all urgent clinical decisions including commitment to higher levels of care and trained new clinical staff.
- Writer and creator of over 30 different CEU training events on the topics of addiction and trauma for clinicians across the country.
- Co-creator and consultant of The Refuge-A Healing Place training certification to treating trauma.
- Clinical trainer and supervisor for private practice clinicians and clinical treatment teams across the country.

Education

B.S. Psychology, Cum Lade. Southern Oregon University- Ashland, OR. June 2005

M.S. Mental Health Counseling, Suma Cum Lade. Capella University- Minneapolis, MN. December 2012

*Attended two terms at the University College of Cork Ireland, receiving first and second-class honors in their applied Psychology program. In addition, I attended 2 years of graduate work at Antioch University studying in the masters in applied psychology program before switching degree focus and school location.

CTT-Certified Trauma Therapist; a 5 module, 1-week per module intensive and experiential certification and training in current and comprehensive trauma treatment approaches (APA, NBCC, NAADAC accredited)

CADC-II- Certified Alcohol and Drug Counselor, Level II.

LPC- Licensed Professional Counselor in both Oregon State

LMHC- Licensed Mental Health Counselor Washington State

Advanced specialized training in Somatic Experiencing, Brain spotting, clinical hypnosis and EMDR

Awards: Member of CHI UPSILON CHI (National Chapter of Honors in graduate level psychology) and PSI CHI (The National Honor of Psychology), received placement on the president's list of achievement three times and the deans list of achievement every term but two with an overall undergraduate GPA of 3.65; graduated Cum Lade. In 2011 I was inducted as a member of the National Honor Society (CHI UPSILON CHI) for my academic achievements while in graduate school with a graduating GPA of 3.75.

First place regional research award winner at the western psychological association conference in Portland, Oregon, for excellent research design in Health Psychology in the topic of pain perception, perceived control and the use of opiate pain medications.

Winner: Best Speaker at Foundations Innovations in Recovery Conference, 2015.

Related Experience

Private Practice Therapist: September 2016-Present: I am a private practice therapist at **East Cascade Counseling** in Bend, Oregon. My small practice has a specialized focus on complex trauma, addiction and attachment disorders.

Speaker, Trainer and Trauma Healing Intensive Creator and Lead Facilitator: September 2013-Present: I have acted as the face and voice of **The Refuge- A Healing Place**, as an educator, speaker, and advocate for comprehensive, experiential, and integrative approaches to treating trauma and addiction. I have been the primary conference speaker and CEU educator since 2013. Currently I speak at 4-6 conferences each year and lead several training and CEU events for both the clinical team at The Refuge and private practice clinicians and treatment teams nationwide. In October 2016 I helped with the acquisition of The Refuge's new retreat center, **The Nest on Lake Weir**, and helped design weeklong trauma healing retreats where I am also the lead therapist. Currently I am on a 6-person team helping to create an accredited training and certification in experiential and holistic approaches to treating trauma and addiction that models The Refuge's internationally recognized approach.

Therapist & Trainer (Private Practice/Contractor): August 2014-Present: I currently do contract work with dual diagnosis treatment centers across the country. I am brought in to train clinical and support staff on intervention strategies for difficult clients, group therapy techniques, and general education on trauma, co-occurring disorders, and addiction.

Professional Outreach Representative/Business Development: September 2013-October 2016: I worked as a professional outreach and business development representative with **"The Refuge- A healing place"** (A treatment center specializing in complex trauma, PTSD and dual diagnosis addiction treatment) since returning back to my home state of Oregon, allowing me to stay with the company I have been with for almost 4-years. My duties include presenting nationally at professional conferences and to mental health professionals in different treatment programs nationwide. In addition, I travel throughout my Northwestern territory to help expand our resources for our clients post-discharge as well as collaborating with and educating professionals about The Refuge in an effort to expand our referral network and generate new business while maintaining strong and mutually beneficial relationships with established referents.

Therapist & Trainer: May, 2012-November 2015: I worked as a co-facilitator doing trauma healing intensives and trauma therapy trainings alongside pioneer in the field of trauma and addiction, **Judy Crane** and her **“Spirit2Spirit Trauma Healing Intensives and workshops.”** During this time I co-created and co-facilitated a 4-day trauma healing intensive with 88-high powered male executives that included didactic learning and several hours of experiential group trauma therapy each of the 4-days. I have helped facilitate over a dozen smaller intensives and workshops during the last 4-years. Additionally, I have acted as a trainer to professionals in their certification process to become professional trauma therapists. My role included delivering, demonstrating, and teaching course content, leading educational groups and assisting with the overall direction and flow of the training process.

Therapist/Counselor: February, 2011-August, 2013: I worked as a therapist at **“The Refuge- A healing place”** providing both individual and group therapy with clients from diverse backgrounds. Included in this is the opportunity to work with process addictions such as sex addiction, cutting and eating disorders and the opportunity to utilize eclectic approaches such as mindfulness, art-therapy and Psychodrama to name a few. In addition to the before-mentioned information, I managed a large caseload which consisted of creating treatment plans and 30-day reviews, establishing therapeutic interventions to meet client diagnosis, communicated with referents and insurance companies and facilitated family and couples therapy on a regular basis.

Counselor/Co-Facilitator: January 2013-August 2013: I co-facilitated a weekly, 60-minute, **“Impaired Professionals Monitoring Group (IPN)”** alongside former president and current board member of **The Florida Medical Professionals Group, Dr. Tom Antonek**. This group consists of medical professionals (Physicians, surgeons, anesthesiologists, nurses, physical therapists and techs all attend the same group) required by their perspective licensing boards to be monitored weekly by a mental health professional as well as submit to random drug screening: This is often done in response to legal issues connected to substance abuse/dependence or impairment at the workplace. Topics range from relapse prevention, identifying triggers unique to professionals who often still have access to their substance of choice to daily life events and stressors.

Counselor/Intern: 2007-2009: I have provided one on one and group therapy through Antioch University in Seattle (Via the **Antioch University Community Counseling Program**) and as a treatment team counselor at **Jasper Mountain Center** in Eugene Oregon specializing in children with complex trauma, PTSD and AXIS I&II diagnosis.

Internship/Practicum/ Volunteer/Aide; Helpline, Medford and Buckley Detoxification Center, Eugene, Oregon; Answered phones acting as a conflict manager, problem solver, mediator, provided resource referrals, emotional support, and intervention both emotionally and in some cases legally in instances of abuse and suicide intervention.

Science Teacher/Guidance Counselor: May-October,

2006: I worked as a science teacher at “*Space Camp Turkey*”- N.A.S.A. affiliated space and science camp in Izmir, Turkey with a focus on early space history, astronomy, botany and rocketry. I taught children from all over the middle east from ages 7-15. While the program was in English it required at least an intermediate understanding of the Turkish language as well as the ability to help counsel and mediate between the students who often came to us from different and conflicting cultures (One, week-long program named “The program of peace” brought Israeli and Palestinian children together and was highly publicized by the local media at that time).

Teaching Assistant: 2004-2005: Provided assistance in several different classes in psychology including personal and social adjustment, human sexuality and social psychology 1 and 2 creating and grading mid terms and finals and helping students become clear in understanding class material.

Publications

Finding A New Tribe: Helping Young Men Recover from Childhood Sexual Abuse and Addiction: A full-length book published by Central Recovery Press (2016).

Finding a New Tribe: A Young Man’s Path to Healing from Childhood Sexual Abuse and Addiction: Featured in the Fall, 2015 edition of “Paradigm Shift” magazine, Page 7-9

The Search for Connection: Addiction and Adoption: Featured in the March 2016 edition of “Sober World” Magazine, Page 22-23.

Activities/ Professional Development

National presenter and educator on the topic of trauma and addiction: August 2013-Present: I have acted as an educator and guest speaker to both clients and staff of some of the best addiction treatment and mental health programs in the nation. Additionally, I currently present two, 90-minute educational presentation titled “*The Broken Lens: The Impact of Trauma and Addiction on The Way We See The World*”, and, “*Finding A New Tribe: Helping Young Men Recover from Childhood Sexual Abuse and Addiction.*” I have presented the above titles all over the country, including four US Journal conferences in both Nashville and Seattle 2-years in a row, and I have presented at The Ben Franklin Institute Conference in Chicago and Austin (This included an expert panel on mindfulness based approaches to treating trauma, Foundations Innovations in Recovery in San Diego, and Moments of Change in West Palm Beach two years in a row. Additionally, I have created and facilitated over 20 different CEU events on the topic of trauma and addiction recovery all over the United States.

LPC & LMHC- (Oregon & Washington)

Certified Trauma Therapist-CTT; a 5 module, 1 week each module intensive and experiential certification and training in current and comprehensive treatment modalities for PTSD (APA, NBCC, NAADAC accredited).

Certified Alcohol and Drug Counselor-II; Oregon State.

Writer and contributor to The Refuge “Heart of Trauma” Blog:

I regularly write articles and explore different topics to help educate individuals on issues such as vicarious trauma, addiction and the distorted perception of dual diagnosis clients.

Member of the Western Psychological Association/ Winner of WPA regional award for research in the Health Psychology

field: Presentation of individual research regarding pain perception and perceived control in a hospital environment at the WPA conference in Portland in April 2005.

Member of PSI CHI & CHI UPSILON CHI (National Chapter of Honors in graduate level psychology and the national honor society of psychology)

Intermediate Level Somatic Experiencing practitioner: I’ve completed over 125 hours of training and supervision through the Somatic Experience Institute: Based on Peter Levine’s body orientated approach to treating trauma, this powerful technique can help move clients through trauma that often keeps them stuck by focusing on the body, rather than the story.

EMDR Practitioner: This 40-hour CEU training was through the nationally accredited EMDR institute and included 10+ hours of professional supervision of appropriate application of the technique. Additionally I have over 100 hours of advanced trainings and consultation in EMDR technique and application.

***I Have attended over 400 additional CEU hours of additional trainings on topics including, but not limited to, training directly with John and Julie Gottman on their theories of couples therapy, sexual addiction and helping to promote sexual health, gender differences in treating trauma, Brain Spotting, Ego State therapy and its application with complex trauma and EMDR from the EMDRIA Institute, advanced trainings in DBT, advanced trainings in clinical hypnosis, and training with Dan Siegel on attachment theory and how to help clients integrate.**

Professional References:

- Kerri Hanlon LPC, MAC- Owner and practice manager of East Cascade Counseling Services: 541-306-1128 (kerrihanlonlpc@gmail.com)
- Judy Crane- CEO & Founder of The Refuge and Spirit 2 Spirit trauma healing intensives- She is a mentor and has been an employer of mine for almost 5-years: ([352](tel:3525720590)) [572-0590](tel:3525720590) (yaddajude@gmail.com)
- Patricia Williamson LPC- Oregon clinical supervisor: ([503](tel:5033338901)) [333-8901](tel:5033338901) (mo-willi@comcast.net)
- Dr. Tom Antonek- Florida State clinical supervisor, employer and supervisor for 2-years (He is the president of the Central Florida Impaired Professionals Monitoring Program where I worked under him co-facilitating support groups for medical professionals as well as receiving state supervision): ([813](tel:8135412964)) [541-2964](tel:8135412964) (drtom@thegrowthcenter.com)
- Laurel Swann- Clinical director of The Refuge and direct supervisor for 3-

years: [\(386\) 795-1116](tel:(386)795-1116) (lswann@therefuge-ahealingplace.com)

- Cheryl Bailey LMHC- Grief therapist and senior therapist and staff supervisor at The Refuge (she and I shared many clients, trained in Somatic Experiencing together and worked closely for years): [\(352\) 359-7730](tel:(352)359-7730) (cbailey@therefuge-ahealingplace.com)
- Shea Kimbrough- Current supervisor in my role as a professional outreach and business development professional and national speaker and educator: [\(352\) 512-8877](tel:(352)512-8877) (skimbrough@therefuge-ahealingplace.com)

*Letters of recommendation are available upon request